

Risk Assessment

Ground Based Circus Skills and Activities in Training, Workshops and Performance

Created By Naomi Lewis 10-12-2021

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THIS RISK ASSESSMENT SERVES TO SUPPORT THE GOOD WORKING PRACTICE OF THE FOLLOWING - CIRCUS NAOMI, FREELANCE AERIALIST AND AERIAL COACH; AIRFISH CIRCUS COMMUNITY ARTS COLLECTIVE, AND 'CIRK HES' FORMERLY CIRQUE DU CIEL REGISTERED CHARITY AND COMPANY LIMITED BY GUARANTEE. IT SERVES ALSO TO COMPLY WITH ALL APPROPRIATE GOVERNMENT LEGISLATION, HEALTH AND SAFETY (H&S) AND POLICY AND PROCEDURE ADVICE GUIDELINES, FROM THE 'SOURCES OF INFORMATION' SECTION BELOW. FOR ALL THE ABOVE NAMED IN PROTECTING AND SUPPORTING THEIR ACTIVITIES, BOTH SEPARATE AND COLLABORATIVE. IT IS AS FULLY COMPREHENSIVE AS A GENERIC RISK ASSESSMENT CAN BE. SITE AND CONTEXT SPECIFIC RISK ASSESSMENTS ARE PROVIDED AS NECESSARY, BOTH ON REQUEST, AND IN THE CASE THAT THIS RISK ASSESSMENT DOES NOT MEET THE NEEDS OF THE TASK. IN SOME INSTANCES, DEPENDING ON THE PARTICIPANT (OR GROUP OF PARTICIPANTS) BEING WORKED WITH, SITE SPECIFIC RISK ASSESSMENT WILL BE CONDUCTED AS NECESSARY, AND CONTINUOUS ON SITE, OR MOMENT TO MOMENT RISK ASSESSMENT MAY BE PERFORMED BY THE STAFF OR CREW INVOLVED, AS NECESSARY, DEPENDING ON THE ENVIRONMENT AND THE PARTICIPANTS INVOLVED.

SOURCES OF INFORMATION/LEGISLATION: Accident records, Circomedia, Circus Space, Health and Safety Documentation, Government Guidelines and Circus Schools Policy via Internet, 20 years working experience in practice, Equity.

PERSON/S POTENTIALLY AT RISK INCLUSIVE AND EXCLUSIVE OF ACTIVITIES: Instructors, Performers, Other Performers, Students, Parents, Guardians, Stewards, Spotters, Spectators, Riggers, Techs, Production Crew, Stage Manager, Stage Hands (where appropriate).

REVIEWING/MAINTAINANCE: Accident Book and reports, are kept, maintained, and monitored, in an up to date fashion, by Naomi Lewis, on behalf of Circus Naomi, Cirque Du Ciel and Airfish Circus. An overall review is conducted every 6 months, by either Naomi Lewis (as CdC Manager), or Rosi Jolly (as CdC Instructor /First Aider), or other competent, qualified persons Naomi Lewis nominates, (e.g Admin Assistant / CdC Instructor Ross Wheeler, CdC Instructor/ Rigger Ruth Hawkley).

Checks and maintainance in relation to the safety of all aerial circus and ground based performance apparatus and all related safety/ rigging equipment, every time the equipment is stored, transported, set up, or taken down. Naomi will authorise the set up, and take down procedures as completed satisfactorily, only if they comply with CdC's, Airfish Circus and her own freelance safety policies and procedures, and those of any events organisers, theatre/ big top production crew, or venue proprietor, required to perform or workshop in compliance on any site, or at any venue.

Equipment check records, (including precautions for fire safety) are kept, and implemented, in order to assist equipment used is structurally sound, and safe to do so. All maintenance procedures in relation to juggling equipment, actioned only by Naomi, or, by any competent CdC operative, or any on site qualified

technicians/engineers/fabricators Naomi agrees to. Naomi will perform or liaise with the appropriate competent person nominated in house, off or on site re the carrying out and /or inspection of all necessary site rigging and safety checks, and is nominated by CdC, and Airfish Circus as their main responsible and competent person. Further monitoring and review will take place every 6 months, led by Naomi. However the ongoing experiences, ideas and helpful advice of performers, instructors, students, parents, spectators, stewards etc. working with CdC, Airfish Circus or Circus-Naomi will advise changes when wise or sound to do so. Our working practice seeks to make

such folk feel comfortable, at all times, in relation to inputting their observations, and concerns around safety of the equipment, and general safety measures. Which will be given due consideration, and acted on if necessary.

Review is also essential after any accident or incident is reported.

IN RELATION TO USE OF FIRE OR CLOSE PROXIMITY REMOTE FIRED STAGE PYROTECHNICS

Lit fire props and stage pyrotechnics are only used in performance by competent and insured professional adults. Fire props are not utilised in performance by anyone under the age of 18, and can only be utilised with the event or production management teams permission, and under the relevant required insurances. When fire is utilised in performance a site specific risk assessment is undertaken in collaboration with the on site management team.

CIRK HES FORMERLY CIRQUE DU CIEL CHARITY - AIRFISH CIRCUS ARTS COLLECTIVE - CIRCUS – NAOMI

EQUIPMENT / ACTIVITIES ASSESSED: Equilibristics and relevant equipment (walking globe, stilts, tight rope, rola bola/balance board, unicycles, pedal go's), acrobatics / acrobalance and equipment (hand balance boards, canes & safety mats), juggling & object manipulation (staff/poi/prop spinning and throwing, juggling clubs/rings/diablo's/balancing or spinning plates, dapo stars, hula hoops, devil sticks, juggling balls, isis wings, flags etc.), other workshops props & tools; parachute, kids tunnel.

AREAS ASSESSED: Area of set up, take down, usage (workshop/performance/play/training/ class), in relation to waiting, warming up, actively using, and watching.

COVID-19 P & P – SEE SEPARATE DOCUMENT- CdC, Airfish Circus and Circus-Naomi also agree to adhere to any additional Covid-19 policy and procedure required by any events or production management team they work with.

SUPPORTING METHOD STATEMENT:

1. In performance, training, learning, practice and play – Performance, workshop, class or session participants may execute freestyle, or choreographed body movements, acrobatic, acting and characterisation skills, singularly, in partnership, or as a group, whilst manipulating at least one object, identified from the list below, within a defined, and protected space. The space used will vary in both context, and dimension from site to site, so prior to it's use, the site will be assessed by an individual from the on site event or production management team known or evidenced to be competent to do so, and agreed to by the agreed representative of CdC / Airfish / Circus-Naomi, to ensure the site is a suitable and safe one in which to conduct the planned activities.

2. In Workshops (instruction involves the use of regular juggling props, and dry, unlit fire props only) – Participants are instructed how to warm up and stretch safely, how to use the equipment safely, and shown how to manipulate the object of their choice, through movements known as tricks, in safe stages, they are able to achieve. They are

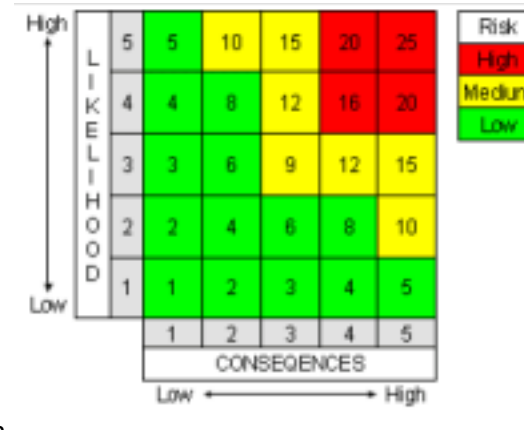
supervised and guided throughout by experienced instructors, and given safe space in which to learn and practice. Once competent with several moves, participants are encouraged to choreograph movements within their range of ability, and to work together to create patterns, and routines. All activities are participant led; they set the pace, and ability levels. Any potential difficulties due to health problems are discussed, with each individual participant, prior to participation. Guest tutors involved in the specialised tutoring of acrobatics and equilibristics will submit their own method statements and risk assessments upon request by CdC, Airfish Circus or Circus – Naomi to ensure appropriate safety standards are maintained and monitored, and that due attention is paid to required safety guidelines, and use of safety equipment where appropriate. Ensuring too the proper use of equipment that is in full working order, correct spacing between participants within the venue, site, performance or workshop space, also to ensure the use of spotters and riggers where required, in relation to each performer's needs or each workshop participant's personal capabilities.

CONSEQUENCE(S) OF THE 'HAZARD' OCCURRING

1. Negligible/slight damage.
2. Slight Injury requiring treatment on site only.
3. Injury requiring professional treatment, but non RIDDOR reportable.
4. Injury/incident which is RIDDOR reportable (e.g. broken bone, or overnight hospitalisation).
5. Severe incident/accident (loss of limb/permanent damage/death).

LIKELIHOOD OR PROBABILITY OF THE 'HAZARD' OCCURRING

1. Very unlikely to ever happen.
2. Remote possibility.
3. Possible.
4. Likely.
5. Regular occurrence.



CONSEQUENCE x # LIKELIHOOD = RISK RATING (before control measures are put in place to assess initial risk)

CONSEQUENCE X # LIKELIHOOD = # RESIDUAL RISK (after control measures are in place)

HAZARD	EFFECT & RISK TO WHOM	CONSEQUENCE	LIKELIHOOD	RESIDUAL RISK	CONTROL MEASURES / ACTION PLAN
Equilibristics and use of relevant equipment for such activities	Risk to all (performers, participants, instructors and by standers) of falls, collisions, slipping/tripping or physical strains.	3	2	6	Thorough checks of all equipment before use by experienced or qualified staff and only used by participants under required levels of supervision fitting to participants levels of confidence and experience. Also with appropriate relevant safety equipment such as: -Safety mats around tightrope and walking globe when needed. -Knee pads worn by stilt walkers using peg or duro stilts. Elbow pads and helmets are also provided based on participants skill level. All performers/participants will also be required to follow performance

HAZARD	EFFECT & RISK TO WHOM	UNDESIRABLE CONSEQUENCES	DANGER	RISK	CONTROL MEASURES /
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					facilitators, or workshop instructors instructions, and we ensure users of any kit, in any capacity understand how to use the equipment with adequate space and awareness of their surroundings and each other. Workshop Instructors and Performance Directors will also only encourage safe use by participants knowing their limits and building up skills slowly and carefully at their own pace. Suitable warm-ups are also required with knowledge of any individuals injuries.
Acrobatics, Acrobalace and Hand Balancing	Acrobatic tumbling (e.g. jumps, rolls, flips) and acrobalancing (e.g counter balances, human pyramids, lifts, and throws) in warm up and practice/performance that could result in falls, collisions, impact or physical strains, breakages, paralysis or death. Falling out of hand stands, or from handbalancing canes, parallettes or blocks, that could result in falls, collisions, impact or physical strains, breakages, paralysis or death.	3	2	6	-All activities will be supervised by appropriately experienced or qualified facilitators who will assess individuals skill levels and capabilities and be aware of attendants attentiveness and understanding of the dangers involved in each activity. -Different levels of safety and crash matts will also be used where appropriate with a suitable number of spotters involved for both solo and group work, all of which will be assessed and checked by facilitators. -Participants will all have to physically up warm as lead or instructed by facilitators to up not strain themselves and understand to communicate any injuries or impairments that might affect their abilities.
Juggling / Object	Rapid movements and	2	2	4	-Keeping all equipment clean and clear of main path/door ways/

Manipulation and space sharing	spinning / juggling props that could result in collisions with participants or bystanders or use of any circus equipment in shared spaces/public domain could lead to trips or falls.				workshop or performance areas and kept in suitable storage containers and/ or areas in a tidy fashion when not in use. -First lessons with objects being giving an awareness of each other and personal training space between each other required, with careful attention to external factors in relation to workshopping or performance, like wind for high throws or other distractions that could effect skills. Part
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HAZARD	EFFECT & RISK TO WHOM	UNDESIRABLE CONSEQUENCES	LIKELIHOOD	RISK REDUCED	CONTROL MEASURES / ACTION PLAN
					of this being extra care used for larger or harder props (e.g. juggling rings or staffs). -General rule being able to perform tricks ten times without fail before performing it in/for public and that performers are aware of relevant control measures -Ensuring appropriate lighting and space to conduct or perform manipulations, spinning and juggling safely.
Costumes and General Environmental Factors	Use costumes that might cause injury to the wearer through construction or design, and /or restrict movements or skills and environmental factors that could do the same (such as wind, rain, staging, audience etc.). Risk from bacteria, microbes and contagious diseases.	3	1	3	-Suitable rehearsal and a practice in any costumes and awareness of any added risk or restrictions to performance/skills, e.g. trailing materials / horns or other protruding parts or props, that could get caught on audience/environment or strong winds. -Assessing environmental risks on sites and choose appropriate action such as the following: -cancelling stilt walking in favour of ground based walking characters or adjusting costumes during strong winds -similarly cancelling or adjusting performances to suit rowdy audiences or tricky sites such as steep hills or muddy fields - use of flame retardant sprays on performance materials that require it. -Ensuring costumes fit the wearer correctly, and include internal padding, or protection to protect the wearer's body from cuts, grazes, bruising or other damage, or harm through wearing in

					use. -Ensuring costumes are cleaned and aired to avoid the spread of impetigo, dermatitis, scabies etc.
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Reviewed by: Naomi Lewis Cirk Hes / CdC Charity Manager and Airfish Circus Director Date: 10 April 2024 Signed:

Also reviewed on behalf of the Cirk Hes (formerly CdC) Board by Trustee Lark Bridges 8 April 2024

Risk Assessment for Aerial Training, Workshops and Performance

Created By Naomi Lewis 10/12/2021

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PROCEDURE ADVICE GUIDELINES, FROM THE 'SOURCES OF INFORMATION' SECTION BELOW. FOR ALL THE ABOVE NAMED IN PROTECTING AND SUPPORTING THEIR ACTIVITIES, BOTH SEPARATE AND COLLABORATIVE. IT IS AS FULLY COMPREHENSIVE AS A GENERIC RISK ASSESSMENT CAN BE. SITE AND CONTEXT SPECIFIC RISK ASSESSMENTS ARE PROVIDED AS NECESSARY, BOTH ON REQUEST, AND IN THE CASE THAT THIS RISK ASSESSMENT DOES

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CIRQUE DU CIEL CHARITY (NOW 'CIRK HES') - AIRFISH CIRCUS COMMUNITY ARTS COLLECTIVE - CIRCUS – NAOMI

EQUIPMENT ASSESSED: Rig (as comprised of any or all of the following), freestanding unicycle voltige aerial indoor/outdoor aerial rig; safety lines; load rated pulleys; load rated acrobatic lunge belts; ladders; corde lisse; aerial hoops; aerial silks; trapezes (solo, doubles, swinging and static); aerial cube; aerial chandelier; or any other custom, or original design aerial apparatus; aerial nets; aerial chains; crash mats; harnesses; and all other items of rigging and paging equipment, rigging bars, scaffolding, trusses, beam clamps, spreader bars, swivels, carabina's, shackles, quick links, pulleys, PPE, fall arrest gear, ropes, round slings, cable ladders, safety nets.

AREAS ASSESSED: Area of set up, take down, usage (workshop/performance/play/training/ class), in relation to waiting, warming up, actively using, and watching.
COVID-19 P & P – SEE SEPARATE DOCUMENT – WE ALSO AGREE TO COMPLY WITH EVENT/PRODUCTION MANAGEMENT REQUIREMENTS IN THIS AREA.

SOURCES OF INFORMATION/LEGISLATION: Accident records, Circomedia, Circus Space, Health and Safety Documentation, Government Guidelines and Circus Schools Policy via Internet, **AND TO DATE OF LAST REVIEW** 21 years working experience in practice, Equity.

PERSON/S POTENTIALLY AT RISK INCLUSIVE AND EXCLUSIVE OF ACTIVITIES: Instructors, Performers, Other Performers, Students, Parents, Guardians, Stewards, Spotters, Spectators, Riggers, Techs, Production Crew, Stage Manager, Stage Hands (where appropriate).

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Review is also essential after any accident or incident is reported.

SUPPORTING METHOD STATEMENT – SEE SEPARATE DOCUMENT ATTACHED

Risk Assessment Key Explained:

CONSEQUENCE(S) OF THE 'HAZARD' OCCURRING

1. Negligible/slight damage.
2. Slight Injury requiring treatment on site only.
3. Injury requiring professional treatment, but non RIDDOR reportable.
4. Injury/incident which is RIDDOR reportable (e.g. broken bone, or overnight hospitalisation).
5. Severe incident/accident (loss of limb/permanent damage/death).

LIKELIHOOD OR PROBABILITY OF THE 'HAZARD' OCCURRING

1. Very unlikely to ever happen.
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3. Possible.
4. Likely.
5. Regular occurrence.

High ↑ LIKELIHOOD ↓ Low	5	5	10	15	20	25	Risk High Medium Low
	4	4	8	12	16	20	
	3	3	6	9	12	15	
	2	2	4	6	8	10	
	1	1	2	3	4	5	
		1	2	3	4	5	
		CONSEQUENCES					
		Low ← → High					

*C= CONSEQUENCE *L= LIKELIHOOD *R= RISK RATING (initially used to assess levels of risk)

CONSEQUENCE X # LIKELIHOOD = # RESIDUAL RISK (after control measures are put in place)

HAZARD	EFFECT & RISK TO WHOM	C O N S E Q U E N C E S	L I K E L I H O O D	R E S I D U A L R I S K	CONTROL MEASURES/ ACTION PLAN
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Falling from Equipment	Injury requiring hospitalisation to participant, injury to all others in the vicinity. E.G Participant; Other participants (e.g. spotters, waiting clients); Spectators; Instructors, Non Participants in the area.	4	2	8	·0 Appropriate safety equipment in use (crash mats, spotters etc). ·1 Participants learn moves in manageable 'stages', on low apparatus, before progressing to work at height, when deemed ready by the instructor. Performers only perform well practiced numbers comfortably within their capabilities. ·2 Participants/performers can use roisin, or chalk to aid grip, and apparatus can be taped for grip. Only rated and regularly inspected, well maintained apparatus, rigging and safety gear are used. ·3 Participants will be spotted, and use safety kit appropriately at all times and performers will be supported by qualified rigging and production staff, troupe members to ensure their safety in performance. ·7 Participants are limited to an appropriate time on the equipment, in relation to their physical ability, experience and stamina ,to minimise risk of injury. ·4 Participants and performers will be made aware of potential hazards, and will work within their limits as identified by the Instructor/ Director/ Event/Production Management. It will be made very clear to all participants/ performers where appropriate, that they shall not participate in any performance or workshop activity if under

					the influence of alcohol, prescription drugs that could negatively affect physical safety, likewise the use of illegal drugs is prohibited.
Collision with equipment, or person/s underneath whilst executing aerial	minor - severe injury	4	1	4	·4 Participants and performers will be made aware of potential hazards, and will work within their limits as identified by the Instructor/ Director/ Event/Production Management. It will be

circus movements					made very clear to all participants/ performers where appropriate, that they shall not participate in any performance or workshop activity if under the influence of alcohol, prescription drugs that could negatively affect physical safety, likewise the use of illegal drugs is prohibited. ·5 An exclusion zone is enforced below the apparatus, and as far out and around the apparatus, as deemed appropriate by the Instructor./ stage manager/director. Or our on Site/ In house safety monitor/ rigger/ practitioner/performer. ·6 Spotters / support crew will be aware of the move about to be performed, and aware of the potential hazards, therefore able to take the most appropriate positions to minimise risk. Spotters/ support crew are trained to be vigilant in observing the performer or participant being spotted at all times. Students are also supported in their practice to gain the experience required to act quickly and appropriately effectively, by others assessed as competent to do so. 12. Assessment of the space/ equipment, rigging and safety gear, prior to usage, and division of the space into spectating, activity, practice and performance zones as necessary.
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					13. Use of barriers, boundary definers, signs and supporting organisational or specialist staff, parents/guardians and stewards.
Participant or performer bleeds or is burned (E.G. from friction) or grazed whilst using the equipment.	Minor - serious injury, cuts, grazes, bleeding and blisters. Transmission of blood borne viruses and contamination of equipment. Participant (and in relation to transmission, non participants in the area, and equipment in specific contact with the injured).	3	2	6	·8 Instructor/Crew First Aider will advise on hand care and burn prevention. Performers and participants will wear suitable clothing for their performance or activity. Utilising padding and gaiters for protection in appropriate context. ·9 Follow N S Blood Borne Viruses, and Infection Control guidelines in both working practice, and coping with any resulting injuries.

Non participants/ Non Performers (e.g. other personnel, the public or spectators) being injured within the space, and/or causing injury through a lack of awareness, poor conduct, mental or physical impairment.	Minor to serious injury to all individuals in and around the area of activity.	1-3	2	2-6	·5 An exclusion zone is enforced below the apparatus, and as far out and around the apparatus, as deemed appropriate by the Instructor./ stage manager/director. Or our on Site/ In house safety monitor/ rigger/ practitioner/performer. ·6 Spotters / support crew will be aware of the move about to be performed, and aware of the potential hazards, therefore able to take the most appropriate positions to minimise risk. Spotters/ support crew are trained to be vigilant in observing the performer or participant being spotted at all times. Students are also supported in their practice to gain the experience required to act quickly and appropriately effectively, by others assessed as competent to do so. 12. Assessment of the space/ equipment, rigging and safety gear, prior to usage, and division of the space into spectating, activity, practice and performance zones as necessary.

					13. Use of barriers, boundary definers, signs and supporting organisational or specialist staff, parents/guardians and stewards.
Failure of equipment	serious injury to participants, performers, instructors, spotters	4	2	8	14. Safety gear, circus skill apparatus and all rigging gear inspected at regular intervals, by appointed competent persons. 15. Prevention of use of the space by all, except those qualified, and/or appointed to make the amendments. Until such risk factors are removed, or improved to an acceptable level of use. 16. Immediate and clear reporting around any safety issues, or unsafe condition, in relation to changes in the environment, and changes in condition of any equipment, safety equipment, or rigging gear deployed as it for use. 17. Any item of equipment considered unsafe, worn beyond safety limits, damaged, or broken shall certainly not be used, in any circumstance.

Sprains and strains	minor injury to participants, performers, instructors	2	2	4	18 - Participants and performers advised to warm up and cool down before and after taking part in activities
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reviewed 10th April 2024
REVIEWED 10/04/2025 for Airfish Circus, Cirk Hes (formerly Cirque Du Ciel) and Circus - Naomi by Naomi Lewis
Also reviewed 10/04/2025 for Cirk Hes (formerly Cirque Du Ciel) on behalf of the Board of Trustees by Lark Bridges
Both Risk Assessments Reviewed October 2025 and 10th April 2026 by David Edwin Ellis Trustee
Date of Next review April 2027

Trampolining Risk Assessment Created by Angus Capel – Trampolining Instructor created May 2024

Reviewed April 2026

Due for review April
2027



N Lewis Charity
Manager



Risk Identified	Severity Likelihood Rating			Action Taken
Injury from incorrect landing technique (e.g., ankle sprains, knee injuries)	4	3	12	Teachers will ensure that thorough instruction and demonstration on correct landing techniques. Use of crash mats for and spotters for additional safety.
Collision between participants during exercises		2	6	Limit the number of participants on the trampoline at any given time. Clear instructions and supervision to ensure safe spacing.
Injury due to improper use of equipment (e.g., incorrect setup of trampoline)	4	2	8	Teachers will ensure that all equipment is correctly set up and inspected before use. training on the correct setup and maintenance of the trampoline will be provided to all new teachers.
Injury from falling off the trampoline	5	2	10	Crash matts will be placed around the trampoline, and teachers will be spotters to assist participants.
Overuse injuries from	3	3	9	Include proper warm-up and cool-down exercises.

Risk Identified	Severity Likelihood Rating			Action Taken
repetitive bouncing				Monitor participants for signs of fatigue and enforce rest breaks.
Injury from attempting skills beyond participant's ability	4	3	12	Assess each participant's skill level before allowing them to attempt new skills. Gradual progression through skills with supervision and support.
Injury from equipment failure (e.g., broken springs or mat)	5	1	5	Conduct regular inspections and maintenance of the trampoline. Replace any damaged or worn-out parts immediately.
Injury due to lack of supervision	4	2	8	Ensure adequate supervision ratios are maintained. All instructors are trained and experienced in trampolining.
Injury from performing flips and other advanced manoeuvres	5	3	15	Advanced manoeuvres are only attempted under close supervision and with appropriate progression. Use of harnesses and additional safety equipment where necessary.
Heat exhaustion or dehydration in participants during intensive sessions	3	2	6	Ensure frequent breaks and access to water. Advise participants to bring water bottles and wear lightweight, breathable clothing.
Injury from participants'	2	3	6	Participants will be briefed on appropriate attire before the session. Checks will be conducted to

inappropriate clothing or footwear				ensure all participants are wearing suitable clothing and footwear.
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Risk Identified	Severity/ Likelihood Rating			Action Taken

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Parkour Risk Assessment Created May 2024 by Angus Capel

Risk Identified	Severity/ Likelihood Rating			Action Taken
Injury to participant from movement required by session	2	2	4	Full warm up and cool down. Full briefing. Full supervision. All participants will be led through the activities with appropriate supervision and no one will be asked to do anything they're not assessed as competent to undertake.
Injury to participant from falling from height	3	3	9	As above full supervision is given throughout. Participants will only work at heights appropriate to their level fitness and competency. All work 'off the ground' will be spotted and supervised.
Injury to participant from collision with another participant	2	2	4	Participants will be guided through the fundamentals of Performance-Parkour. Group work will be undertaken slowly with a full explanation of expectations. and games to increase awareness skill & ability.
Injury to session teacher due to falling from height during session	5	3	15	All practitioners are properly trained and experienced. All are assessed as fit to undertake the workshops. The team of teachers work together a great deal and constantly work to always reinforce their own and each other's safety.
Injury to Parents/guardians from teacher or participant falling/tripping during session	3	3	9	Any people observing workshop will be situated at a safe distance from the set and the team are very aware of maintaining this distance and ensuring that safety is maintained throughout.

Injury to participants teacher from equipment failure	5	1	5	All obstacles and equipment will be inspected and evaluated by the teaching practitioner before any activities commence. No equipment will be used unless fit for purpose.
Injury to teacher from incorrect	3	2	6	Safe handling procedures practiced by the practitioner on numerous occasions will be followed

Risk Identified	Severity	Likelihood Rating		Action Taken
assembly and/or moving of equipment				throughout setting up equipment for the session as well as during pack down.
Injury to participants due to trip hazards during the workshop	3	2	6	Participants will be briefed at the start of the session about the potential hazards and risks that they will encounter. Participants will go through an exercise that familiarises them with these potential hazards.
Heat exhaustion or dehydration in participants during high temperatures	3	3	9	Ensure frequent breaks and access to water. Participants will be advised to bring water bottles and wear lightweight, breathable clothing. Sessions will be adjusted to less intense activities during extreme heat.
Injury to participants from unforeseen medical conditions (e.g., asthma attacks, allergic reactions)	4	2	8	Obtain medical history and emergency contact information for all participants. Ensure first aid kits are readily available and staff are trained in first aid, including the use of EpiPens.
Injury from participant fatigue due to excessive duration or intensity of the session	3	3	9	Monitor participants for signs of fatigue. Sessions will include planned rest periods and the intensity of activities will be adjusted according to the fitness levels and abilities of the participants.

Injury due to insufficient lighting during evening sessions	3	2	6	Ensure all sessions are conducted in well-lit areas. Portable lighting will be provided if necessary, and activities will be adjusted to suit visibility conditions.
Injury to participants from inappropriate clothing or footwear		3	6	Participants will be briefed on appropriate attire before the session. Checks will be conducted to ensure all participants are wearing suitable clothing and footwear.
Injury from participants'	3	3	9	Participants will be assessed for skill levels before engaging in advanced activities. Progression through

Risk Identified	Severity	Likelihood Rating		Action Taken
inadequate skill level for advanced activities				activities will be carefully monitored and adjusted based on individual competency.

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Reviewed April 2026 by Naomi Lewis Charity Manager
Due for review April 2027

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4/2/27