

Cirk Hes Risk Assessment

RISK MATRIX

1 (Minor)	1	2	3	4	5
2 (Moderate)	2	4	6	8	10
3 (Significant)	3	6	9	12	15
4 (Major)	4	8	12	16	20
5 (Severe)	5	10	15	20	25

METHOD STATEMENT

All sessions are delivered by competent instructors.

Participants are introduced progressively to skills and only advance when ready.

Equipment is checked before and during use; unsafe items are removed immediately.

Spaces are clearly zoned to separate activity, waiting, and audience areas.

Appropriate warm-up, rest breaks, and hydration are encouraged.

Activities are adapted to individual ability, needs, and conditions.

AERIAL CIRCUS

Fall from height	Participants, instructors, persons below	4	2	8	Crash mats appropriate to height; progressive training; spotting; exclusion zones; supervision; competency-based progression	4
Collision	Participants, bystanders	4	1	4	Clear zones; controlled pathways; limited numbers per apparatus	2

Equipment failure	All	4	2	8	Inspection; rated equipment; competent rigging; removal of faults	3
Friction burns	Participants	3	2	6	Grip training; protective clothing; first aid	3
Fatigue	Participants	3	2	6	Monitor fatigue; rest breaks; hydration	3

GROUND / ACROBATICS

Falls/collisions	Participants	3	2	6	Mats; spotting; supervision; progression	3
Group failure	Participants	4	2	8	Instruction; competency checks; communication	3
Strains	Participants	2	2	4	Warm-up; adapt; rest	2

JUGGLING / OBJECT MANIPULATION

Collision with props	Participants, bystanders	2	2	4	Spacing; gradual progression; appropriate props	2
Trip hazards	All	2	2	4	Tidy storage; clear walkways	2

PARKOUR

Falls from height	Participants	3	3	9	Ability-based progression; supervision; spotting	4
Collision	Participants	2	2	4	Awareness; structured drills	2
Fatigue	Participants	3	3	9	Monitor exertion; rest breaks	3

TRAMPOLINING

Incorrect landing	Participants	4	3	12	Instruction; mats; supervision	4
Falling off	Participants	5	2	10	Surround mats; spotting; one at a time	4
Advanced skills	Participants	5	3	15	Only under supervision; competency checks	5

EQUILIBRISTICS (INCLUDING TIGHTWIRE)

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Fall	Participants	3	3	9	Low height; mats; supervision; progression	4
Collision	Participants	3	2	6	Clear zones; awareness	3

GERMAN WHEEL

Loss of control	Participants	3	3	9	Large space; supervision; fatigue monitoring	4
Collision	Participants, bystanders	3	2	6	Clear zones; controlled use	2
Entrapment	Participants	3	2	6	Instruction; supervision; correct technique	3

REVIEW & SIGN-OFF

Responsible Person: _____

Signature: _____

Date: _____

Next Review Date: _____